

LET'S TALK

Care starts with a conversation.

Every home and every routine is different. Tell us about yours and we'll explain which features could help — without obligation.

Installation shaped around the home

Solo Care for someone living alone; Shared Home for a home shared with a partner or carer. The setup depends on the home and the sensors chosen.

For enquiries: hello@iwatchover.care

iwatchover.care

This is not a medical device or an emergency response service. Sleep, breathing and pulse information is indicative and cannot diagnose illness or confirm that someone is safe. In an emergency, call 999.

BETWEEN THE CALLS

A little more certainty. A lot more room to breathe.

You call. They sound fine. But what happened before the call — and how was last night?

Peace of Mind brings familiar routines, relevant changes and a gentle overview of the night into one place. It helps family members know when to check in, without asking someone they love to wear a device or use an app.

**Support for independence.
Reassurance for the people who care.**

IWATCHOVER / PEACE OF MIND



iwatchover.care

She made her tea. She's okay.

The everyday picture, including the night.

Passive • Private • Personal

THE EVERYDAY PICTURE

The home tells its own story.

Morning rhythm

Everyday activity — such as getting up or using the kettle — helps show how the day is unfolding.

Medication support

A personal voice reminder can play at the right time. A cabinet sensor or optional button can show an interaction; it cannot prove a dose was taken.

When something changes

If a configured routine differs from what is usual, a chosen carer can receive an update and decide whether to call or visit.

The aim is fewer unnecessary check-ins, not less human contact.

REST AND OVERNIGHT PATTERNS

How was last night?

A discreet sensor above the bed helps create an indicative view of time in bed, estimated sleep and overnight rest. A seven-day view makes it easier to notice changes from the person's usual pattern.

LAST NIGHT

A quieter night

Rest and time in bed, at a glance

RECENT NIGHTS • ILLUSTRATION



The sensor can also register signals associated with breathing and pulse. These are contextual estimates, not medical measurements or an alert for breathing or heart problems.

DESIGNED WITH DIGNITY

Support without intruding.

No cameras or wearables

The person at home does not need to charge, wear or learn a new device.

Information with context

A night's estimate is most useful alongside everyday routine and a conversation — never on its own.

Privacy in the setup

Routine analysis is designed to run on a device in the home. Selected updates and dashboard information can be made available to authorised carers; the exact data-sharing setup should be explained during installation.

For families supporting someone living independently — including people with dementia — at home.

See how Peace of Mind could fit your family:
hello@iwatchover.care